



The Active&Fit Direct Program

Break A Sweat Without Breaking The Bank™

Ready to get moving? It's easier than ever with the Active&Fit Direct™ program, which can put you on the path to a happier, healthier life through regular exercise.

The Active&Fit Direct program includes:

- Online directory maps and locator for fitness centers (available on any device).
- A free guest pass to try out a fitness center before enrolling (where available).
- Online fitness activity tracking from a wide variety of popular wearable fitness devices, apps and exercise equipment.
- Top name fitness centers like Snap Fitness™, LA Fitness, Anytime Fitness®, Curves® and more. To find which participating fitness centers are available near you, check the Active&Fit Direct website by following the steps in the How it works section on the back of this page.
- The option to switch fitness centers within the network to make sure you find the right fit.
- Access to more than 9,700 on-demand workout videos so you can exercise at home or on-the-go.



OVER 330

Michigan fitness centers in the Active&Fit Direct network



\$28/month

plus a \$28 enrollment fee and applicable taxes



12,200+

participating fitness centers nationwide

How it works

- 1 | Log in to your member account at priorityhealth.com and click the **Wellness** tab. Choose **Active&Fit**.
 - Click **Continue** to be redirected to our co-branded Active&Fit website.
 - If you still need to sign up for your member account, click **JOIN NOW**, then return to this page to log in.
- 2 | On the Active&Fit Direct website, type your zip code, or city and state, in the purple search bar to search for participating fitness centers near you.
- 3 | Once you've confirmed there's a fitness center close to you, select **Enroll Now**.¹
- 4 | Pay a \$28 enrollment fee, \$28 for the current month (regardless of the day you enroll) and \$28 for the next month (plus applicable taxes). After a three month commitment, participation is month-to-month.²
 - You may view or print your fitness card and take it to the fitness center of your choice within the Active&Fit Direct network.
 - Once the fitness center verifies your enrollment in the Active&Fit Direct program, you'll sign a standard membership agreement and receive a card or key tag from the fitness center to check in on subsequent visits.

¹Participants must be 18 years of age and have a valid email address. Participants must pay by credit card and are charged in advance on a monthly basis using a recurring payment subscription. This is a per member fee. Participants commit to three months of membership. If a participant chooses to cancel, they must provide a 30-day notice of cancellation. All payments are subject to tax, if applicable, based on the participant's location. ²Members are encouraged to enroll and pay their fees at the beginning of the month, as fees are charged on a per-calendar month basis.

This program is only available to employer group and individual members. Individual Medicare Advantage members can take advantage of the Silver&Fit® program as part of their health plan benefit. The Active&Fit Direct program and Silver&Fit programs are provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Active&Fit Direct and Silver&Fit are trademarks of ASH and used with permission herein. Other names and logos may be trademarks of their respective owners.

Priority Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia en su idioma. Consulte al número de Servicio al Cliente que está en la parte de atrás de su tarjeta de identificación de miembro. (TTY: 711).

ملاحظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. يرجى الاتصال برقم خدمة العملاء على الجانب الخلفي من بطاقة عضويتك الشخصية. (رقم هاتف الصم والبكم: 711).