

ORTHOTICS: SHOE INSERTS, ORTHOPEDIC SHOES

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Date Of Origin: January 1, 1995 Status: Current

Summary of Changes

Additions:

Added Section II. ADDITIONAL RESOURCES

Added Section IV. GOVERNMENTAL REGULATIONS

I. POLICY/CRITERIA

A. Therapeutic shoes and inserts for persons with diabetes:

Priority Health may consider therapeutic shoes and inserts to be medically necessary for persons with diabetes when applicable **InterQual**® criteria are met.

When criteria are met with a diagnosis of diabetes mellitus, coverage is limited to the A5500-A5514 code range, and K.

B. Therapeutic shoes and inserts for persons without diabetes:

Priority Health generally considers therapeutic shoes and inserts to be **not medically necessary** for persons without diabetes. **Exceptions** may be considered for sensory loss in the feet and/or legs due to other systemic conditions (e.g., peripheral artery disease) or neurologic/neuromuscular conditions (e.g., Charcot-Marie-tooth) when ALL of the following apply:

- 1. Insert is custom-made
- 2. Insert must be worn for all activities of daily living
- 3. Three inserts (or pairs) are covered per contract year
- 4. The orthotic is pre-authorized

Therapeutic shoes and inserts for persons without diabetes are requested/billed using "L" codes. (Specific "L" codes may be non-covered for certain products—see product limitations at bottom of section VI. CODING INFORMATION.)

C. Priority Health may consider therapeutic/orthopedic shoes or inserts or lifts, or modifications to such, medically necessary if there is a leg length discrepancy meeting either of the following criteria:



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- 1. 1" or greater in members < 18 years of age w/ no other congenital or neurologic abnormalities; or
- 2. $\geq \frac{1}{2}$ " in members < 18 years of age w/ developmental dysplasia of the hip (DDH) or other hip problems, scoliosis, limb differences due to congenital, traumatic, or septic shortening, amputations, neurologic abnormalities (cerebral palsy, myelomeningocele, etc.)

Members meeting criteria C1 or C2, and for whom coverage applies, are eligible for one pair of shoes, or one pair of inserts, or 2 shoe lifts or 2 shoe modifications per contract year.

- D. For members age 18 or less, Priority Health may consider orthopedic shoes and /or inserts for prevention of progression of deformity medically necessary for individuals exhibiting any of the following:
 - 1. talipes calcaneovalgus
 - 2. cerebral palsy
 - 3. myelomeningocele
 - 4. talipes equinovarus (clubfoot)
 - 5. congenital vertical talipes (rocker-bottom foot)
 - 6. insensate feet due to spinal cord lesions
 - 7. muscular dystrophy
 - 8. traumatic amputation

Where medical necessity and benefit coverage apply, the benefit is limited to one pair of shoes or one pair of inserts per contract year.

II. ADDITIONAL RESOURCES

Priority Health Provider Manual: <u>Durable medical equipment (DME)</u>, Prosthetics and Orthotics

Priority Health Billing Policy: Prosthetic Orthotics and Footwear

III. COVERAGE FOR MEDICAID MEMBERS

The <u>Michigan Medicaid Provider Manual</u> specifies standards of coverage, noncovered items, documentation requirements, prior authorization requirements, and payment rules for Medicaid members. See relevant sections:

Diabetic Shoes and Inserts Orthopedic Footwear

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IV. GOVERNMENTAL REGULATIONS

Centers for Medicare & Medicaid Services (CMS)

| National Coverage Determinations (NCDs) | |
|---|---|
| None identified | |
| Local Coverage Determinations (LCDs) | |
| CGS Administrators, LLC | Orthopedic Footwear <u>L33641</u> <u>A52481</u> |
| | Therapeutic Shoes for Persons with Diabetes <u>L33369</u> |
| | <u>A52501</u> |
| First Coast Service Options, Inc. | None identified |
| National Government Services, Inc. | None identified |
| Noridian Healthcare Solutions, LLC | Orthopedic Footwear <u>L33641</u> <u>A52481</u> |
| | Therapeutic Shoes for Persons with Diabetes <u>L33369</u> |
| | <u>A52501</u> |
| Novitas Solutions, Inc. | None identified |
| Palmetto GBA | None identified |
| WPS Insurance Corporation | None identified |

V. MEDICAL NECESSITY REVIEW

Prior authorization for certain equipment, devices drugs, services, and procedures may or may not be required. In cases where prior authorization is required, providers will submit a request demonstrating that a drug, service, or procedure is medically necessary. For more information, please refer to the Priority Health Provider Manual.

VI. APPLICATION TO PRODUCTS

Coverage is subject to member's specific benefits. Group specific policy will supersede this policy when applicable.

- **❖** HMO/EPO: This policy applies to insured HMO/EPO plans.
- ❖ POS: This policy applies to insured POS plans.
- * PPO: This policy applies to insured PPO plans. Consult individual plan documents as state mandated benefits may apply. If there is a conflict between this policy and a plan document, the provisions of the plan document will govern.
- * ASO: For self-funded plans, consult individual plan documents. If there is a conflict between this policy and a self-funded plan document, the provisions of the plan document will govern.
- ❖ INDIVIDUAL: For individual policies, consult the individual insurance policy. If there is a conflict between this medical policy and the individual insurance policy document, the provisions of the individual insurance policy will govern.
- **❖** MEDICARE: Coverage is determined by the Centers for Medicare and Medicaid Services (CMS) and/or the Evidence of Coverage (EOC); if a coverage determination has not been adopted by CMS, this policy applies.
- * MEDICAID/HEALTHY MICHIGAN PLAN: For Medicaid/Healthy Michigan Plan members, this policy will apply. Coverage is based on medical necessity criteria being met and



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the appropriate code(s) from the coding section of this policy being included on the Michigan Medicaid Fee Schedule located at: http://www.michigan.gov/mdch/0,1607,7-132-2945 42542 42543 42546 42551-159815--,00.html. If there is a discrepancy between this policy and the Michigan Medicaid Provider Manual located at: http://www.michigan.gov/mdch/0,1607,7-132-2945 5100-87572--,00.html, the Michigan Medicaid Provider Manual will govern. If there is a discrepancy or lack of guidance in the Michigan Medicaid Provider Manual, the Priority Health contract with Michigan Medicaid will govern. For Medical Supplies/DME/Prosthetics and Orthotics, please refer to the Michigan Medicaid Fee Schedule to verify coverage.

VII. DISCUSSION

Foot care is essential for all diabetic patients, and patient education must be provided. Referral to a foot care specialist is appropriate for preventive care and should include nail clipping, callus trimming, inspection for occult ulcers or infections, and instruction in self-care and observation. Risk factors for the development of diabetic ulcers or the need for an amputation, include smoking, loss of protective sensation, structural abnormalities, peripheral vascular disease, history of ulcer or amputation, poor glycemic control, diabetic neuro- and nephropathy, and visual impairment (American Diabetes Association, Standards of Medical Care in Diabetes. 2018; National Institute for Health and Care Excellence (NICE), Diabetic foot problems: prevention and management. Clinical Guideline 19. 2015; Boulton et al., Phys Ther 2008, 88: 1436-43). Most amputations result from preventable diabetic ulcers. (from Change Healthcare LLC).

VIII. CODING INFORMATION

Modifiers:

- **KX Modifier** Modifier should be appended to indicate that policy criteria has been met. Claims reported without KX modifier will deny as non-payable per medical policy. (Commercial, Medicaid products)
- **KX**, **GA**, **GY**, **GZ Modifiers** Per CMS local coverage determinations, one of these modifiers are required for claim processing. Please review applicable LCD for additional guidelines. (Medicare)

ICD-10 Codes that <u>may</u> apply:

| | |
|-----------------|--|
| A52.15 | Late syphilitic neuropathy |
| D51.0 | Vitamin B12 deficiency anemia due to intrinsic factor deficiency |
| E08.00 - E13.9 | Diabetes mellitus |
| G13.0 | Paraneoplastic neuromyopathy and neuropathy |
| G13.1 | Other systemic atrophy primarily affecting central nervous system in neoplastic disease |
| G57.00 - G57.03 | Lesion of sciatic nerve |
| G57.10 - G57.13 | Meralgia paresthetica |
| G57.20 - G57.23 | Lesion of femoral nerve |
| | |



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| G57.30 - G57.43 G57.50 - G57.53 G57.60 - G57.63 G57.70 - G57.73 G57.80 - G57.93 G60.0 - G60.9 G61.0 - G61.9 G62.0 - G62.9 G63 G64 G65.0 - G65.2 G71.0 G71.13 G71.2X | Lesion of popliteal nerves Tarsal tunnel syndrome Lesion of plantar Causalgia of lower limb Other mononeuropathies of lower limb Hereditary motor and sensoryneuropathy Inflammatory polyneuropathy Other and unspecified polyneuropathies Polyneuropathy in diseases classified elsewhere Other disorders of peripheral nervous system Sequelae of inflammatory and toxic polyneuropathies Muscular dystrophy Myotonic chondrodystrophy Congenital myopathies |
|--|--|
| G80.0 – G80.9 G99.0 | Cerebral palsy Autonomic neuropathy in diseases classified elsewhere |
| I70.201 – I70.299 I73.00 – I73.9 I96 L89.500 – L89.629 L97.301 – L97.529 | Atherosclerosis of native arteries of the extremities Other peripheral vascular diseases Gangrene, not elsewhere classified Pressure ulcer of foot and ankle Non-pressure chronic ulcer of foot and ankle |
| M21.071 - M21.179 M21.171 - M21.179 M21.371 - M21.379 M21.541 - M21.549 M21.6x1 - M21.6x9 M21.751 - M21.769 M34.83 M41.00 - M41.9 M96.5 | Valgus deformity Varus deformity Foot drop Acquired clubfoot Other acquired deformities of foot Unequal limb length (acquired)) Systemic sclerosis with polyneuropathy Scoliosis Postradiation scoliosis |
| Q05.0 - Q05.9 Q07.00 - Q07.03 Q65.00 Q66.0 Q66.6 Q66.89 Q72.70 - Q72.73 Q72.811 - Q72.90 | Spina bifida Arnold-Chiari syndrome Congenital deformity of hip Congenital talipes equinovarus Other congenital valgus deformities of feet Other specified congenital deformities of feet Split foot Reduction defects of lower limb |
| Z89.411 - Z89.429 | Acquired absence of toe(s) |

CPT/HCPCS Codes

*Code not covered for certain products. See reference at end of list.

A5500 For diabetics only, fitting (including follow-up) custom preparation and supply of off-the-shelf depth-inlay shoe manufactured to accommodate multi-density insert(s), per shoe



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| A5501 | For diabetics only, fitting (including follow-up) custom preparation and supply |
|--------|--|
| A5503 | of shoe molded from cast(s) of patient's foot (custom molded shoe), per shoe For diabetics only, modification (including fitting) of off-the-shelf depth-inlay |
| A5504 | shoe or custom molded shoe with roller or rigid rocker bottom, per shoe For diabetics only, modification (including fitting) of off-the-shelf depth-inlay shoe or custom molded shoe with wedge(s), per shoe |
| A5505 | For diabetics only, modification (including fitting) of off-the-shelf depth-inlay shoe or custom molded shoe |
| A5506 | For diabetics only, modification (including fitting) of off-the-shelf depth-inlay shoe or custom molded shoe with off-set heel(s), per shoe |
| A5507 | For diabetics only, not otherwise specified modification (including fitting) of off-the-shelf depth- |
| A5510* | For diabetics only, direct formed, compression molded to patient's foot without external heat source, multiple-density insert(s) prefabricated, per shoe |
| A5512 | For diabetics only, multiple density insert, direct formed, molded to foot after external heat source of 230 degrees Fahrenheit or higher, total contact with patient's foot, including arch, base layer minimum of 1/4 inch material of shore a 35 durometer or 3/16 inch material of shore a 40 durometer (or higher), prefabricated, each |
| A5513 | For diabetics only, multiple density insert, custom molded from model of patient's foot, total contact with patient's foot, including arch, base layer minimum of 3/16 inch material of shore a 35 durometer or higher, includes arch filler and other shaping material, custom fabricated, each |
| A5514 | For diabetics only, multiple density insert, made by direct carving with cam technology from a rectified cad model created from a digitized scan of the patient, total contact with patient's foot, including arch, base layer minimum of 3/16 inch material of shore a 35 durometer (or higher), includes arch filler and other shaping material, custom fabricated, each |
| L3000 | Foot insert, removable, molded to patient model, UCB type, Berkeley shell, each |
| L3001 | Foot insert, removable, molded to patient model, Spenco, each |
| L3002 | Foot insert, removable, molded to patient model, Plastazote or equal, each |
| L3003 | Foot insert, removable, molded to patient model, silicone gel, each |
| L3010 | Foot insert, removable, molded to patient model, longitudinal arch support, each |
| L3020 | Foot insert, removable, molded to patient model, longitudinal/metatarsal support, each |
| L3030 | Foot insert, removable, formed to patient foot, each |
| L3031* | Foot, insert/plate, removable, addition to lower extremity orthosis, high strength, lightweight material, all hybrid lamination/prepreg composite, each |
| L3040* | Foot, arch support, removable, premolded, longitudinal, each |
| L3050* | Foot, arch support, removable, premolded, metatarsal, each |
| L3060* | Foot, arch support, removable, premolded, longitudinal/metatarsal, each |
| L3070* | Foot, arch support, nonremovable, attached to shoe, longitudinal, each |
| L3080* | Foot, arch support, nonremovable, attached to shoe, metatarsal, each |
| L3090* | Foot, arch support, nonremovable, attached to shoe, longitudinal/metatarsal, |
| | each |



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| L3170* | Foot, plastic, silicone or equal, heel stabilizer, each |
|--------|---|
| L3201 | Outhorodic chao Ouford with conjuctor or monoton infant |
| | Orthopedic shoe, Oxford with supinator or pronator, infant |
| L3202 | Orthopedic shoe, Oxford with supinator or pronator, child |
| L3203 | Orthopedic shoe, Oxford with supinator or pronator, junior |
| L3204 | Orthopedic shoe, hightop with supinator or pronator, infant |
| L3206 | Orthopedic shoe, hightop with supinator or pronator, child |
| L3207 | Orthopedic shoe, hightop with supinator or pronator, junior |
| L3215* | Orthopedic footwear, ladies shoe, oxford, each |
| L3216* | Orthopedic footwear, ladies shoe, depth inlay, each |
| L3217* | Orthopedic footwear, ladies shoe, hightop, depth inlay, each |
| L3219* | Orthopedic footwear, men's shoe, oxford, each |
| L3221* | Orthopedic footwear, men's shoe, depth inlay, each |
| L3222* | Orthopedic footwear, men's shoe, hightop, depth inlay, each |
| 2322 | ormopeate recomean, men e ence, mgmop, aepan may, each |
| L3224 | Orthopedic footwear, woman's shoe, oxford, used as an integral part of a brace |
| 1 2225 | (orthosis) |
| L3225 | Orthopedic footwear, man's shoe, oxford, used as an integral part of a brace |
| | (orthosis) |
| L3230* | Orthopedic footwear, custom shoe, depth inlay, each |
| L3250 | Orthopedic footwear, custom molded shoe, removable inner mold, prosthetic |
| | shoe, each |
| L3251* | Foot, shoe molded to patient model, silicone shoe, each |
| L3252* | Foot, shoe molded to patient model, Plastazote (or similar), custom fabricated, |
| | each |
| L3253* | Foot, molded shoe Plastazote (or similar), custom fitted, each |
| L3254 | Nonstandard size or width |
| L3255 | Nonstandard size or length |
| L3257 | Orthopedic footwear, additional charge for split size |
| 23207 | |
| L3260* | Surgical boot/shoe, each (No auth required) |
| L3265 | Plastazote sandal, each |
| 1 2200 | T'A describe to the terms of the market weeks are to |
| L3300 | Lift, elevation, heel, tapered to metatarsals, per in. |
| L3310 | Lift, elevation, heel and sole, neoprene, per in. |
| L3320 | Lift, elevation, heel and sole, cork, per in. |
| L3330 | Lift, elevation, metal extension (skate) |
| L3332 | Lift, elevation, inside shoe, tapered, up to one-half in. |
| L3334 | Lift, elevation, heel, per in. |
| L3340 | Heel wedge, SACH |
| L3350 | Heel wedge |
| L3360 | Sole wedge, outside sole |
| L3370 | Sole wedge, between sole |
| L3380 | Clubfoot wedge |
| L3400 | Metatarsal bar wedge, rocker |
| L3410 | Metatarsal bar wedge, between sole |
| L3420 | Full sole and heel wedge, between sole |
| L3430 | Heel, counter, plastic reinforced |
| | ,, F |



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| L3440 | Heel, counter, leather reinforced |
|----------------|---|
| L3450 | Heel, SACH cushion type |
| L3455 | Heel, new leather, standard |
| L3460 | Heel, new rubber, standard |
| L3465 | Heel, Thomas with wedge |
| L3470 | Heel, Thomas extended to ball |
| | |
| L3480* | Heel, pad and depression for spur |
| L3485* | Heel, pad, removable for spur |
| | |
| L3500 | Orthopedic shoe addition, insole, leather |
| L3510 | Orthopedic shoe addition, insole, rubber |
| L3520 | Orthopedic shoe addition, insole, felt covered with leather |
| L3530 | Orthopedic shoe addition, sole, half |
| L3540 | Orthopedic shoe addition, sole, full |
| L3550 | Orthopedic shoe addition, toe tap, standard |
| L3560 | Orthopedic shoe addition, toe tap, horseshoe |
| L3570 | Orthopedic shoe addition, special extension to instep (leather with eyelets) |
| L3580 | Orthopedic shoe addition, convert instep to Velcro closure |
| L3590 | Orthopedic shoe addition, convert firm shoe counter to soft counter |
| L3595 | Orthopedic shoe addition, March bar |
| | |
| L3600 | Transfer of an orthosis from one shoe to another, caliper plate, existing (No |
| | auth required) |
| L3610 | Transfer of an orthosis from one shoe to another, caliper plate, new (No auth |
| | required) |
| L3620 | Transfer of an orthosis from one shoe to another, solid stirrup, existing (No |
| | auth required) |
| L3630 | Transfer of an orthosis from one shoe to another, solid stirrup, new (No auth |
| | required) |
| L3640 | Transfer of an orthosis from one shoe to another, Dennis Browne splint |
| | (Riveton), both shoes (No auth required) |
| T 2 6 4 0 | |
| L3649 | Orthopedic shoe, modification, addition or transfer, not otherwise specified |
| | Explanatory notes must accompany claim |
| *Not Covered | for Commercial Products |
| A5508 | For diabetic's only, deluxe feature of off-the-shelf depth-inlay shoe or custom- |
| A3300 | molded shoe, per shoe |
| A9283 | Foot pressure off loading/supportive device, any type, each |
| L3040 | Foot, arch support, removable, premolded, longitudinal, each |
| L3050 | Foot, arch support, removable, premolded, metatarsal, each |
| | |
| L3060 | Foot, arch support, removable, premolded, longitudinal/metatarsal, each |
| L3070 | Foot, arch support, nonremovable, attached to shoe, longitudinal, each |
| L3080 | Foot, arch support, nonremovable, attached to shoe, metatarsal, each |
| L3090 | Foot, arch support, nonremovable, attached to shoe, longitudinal/metatarsal, each |
| L3170 | Foot, plastic, silicone or equal, heel stabilizer, each |
| L3170 L3480 | Heel, pad and depression for spur |
| L3485 | Heel, pad, removable for spur |
| LJTOJ | Page 8 of 10 |
| | Page X of 10 |



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*Not Covered for Medicaid

| Consult current Medicaid fee schedule for most up to date information | |
|---|---|
| A5508 | For diabetics only, deluxe feature of off-the-shelf depth-inlay shoe or custom- |
| | molded shoe, per shoe |
| A9283 | Foot pressure off loading/supportive device, any type, each |
| L3031 | Foot, insert/plate, removable, addition to lower extremity orthosis, high |
| | strength, lightweight material, all hybrid lamination/prepreg composite, each |
| L3080 | Foot, arch support, nonremovable, attached to shoe, metatarsal, each |
| L3090 | Foot, arch support, nonremovable, attached to shoe, longitudinal/metatarsal, |
| | each |
| L3480 | Heel, pad and depression for spur |
| L3485 | Heel, pad, removable for spur |
| | |

*Not Covered for Medicare

| Consult relevant LCD for most up to date information | |
|--|---|
| A5508 | For diabetics only, deluxe feature of off-the-shelf depth-inlay shoe or custom- |
| | molded shoe, per shoe |
| A5510 | For diabetics only, direct formed, compression molded to patient's foot without |
| | external heat source, multiple-density insert(s) prefabricated, per shoe |
| A9283 | Foot pressure off loading/supportive device, any type, each |
| L3215 | Orthopedic footwear, ladies shoe, oxford, each |
| L3216 | Orthopedic footwear, ladies shoe, depth inlay, each |
| L3217 | Orthopedic footwear, ladies shoe, hightop, depth inlay, each |
| L3219 | Orthopedic footwear, men's shoe, oxford, each |
| L3221 | Orthopedic footwear, men's shoe, depth inlay, each |
| L3222 | Orthopedic footwear, men's shoe, hightop, depth inlay, each |
| L3230 | Orthopedic footwear, custom shoe, depth inlay, each |
| L3251 | Foot, shoe molded to patient model, silicone shoe, each |
| L3252 | Foot, shoe molded to patient model, Plastazote (or similar), custom fabricated, |
| | each |

Foot, molded shoe Plastazote (or similar), custom fitted, each

AMA CPT Copyright Statement:

L3253

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Priority Health's medical policies are intended to serve as a resource to the plan. They are not intended to limit the plan's ability to interpret plan language as deemed appropriate. Physicians and other providers are solely responsible for all aspects of medical care and treatment, including the type, quality, and levels of care and treatment they choose to provide.

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