

Ayble Health™ Digestive Health

Overview + FAQs

Priority Health has partnered with Ayble Health, a virtual gastroenterology (GI) clinic.

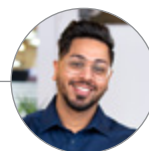
Ayble Health combines an expert digestive care team with advanced technology tools to help you manage and relieve digestive symptoms for the long term.

With Ayble, you'll have access to:

- A virtual digestive care team available anytime, anywhere that works hand in hand with your current provider, if you have one
- A nutrition plan to discover foods that impact your symptoms
- A powerful set of stress-management tools to help minimize symptom flare-ups
- A comprehensive gut health tracker to see how your symptoms change over time
- Grocery-finding tools to remove the guesswork at the store
- Educational content written by GI (gastroenterology) experts and patients

How does it work?

- **Streamlined GI care:** Ayble and Priority Health are committed to offering streamlined GI care. With Ayble, you'll have access to personalized care team, educational materials, nutrition programming, and stress management tools to care for the whole person.
- **Your first appointment:** To create a personalized care plan, Ayble requires an initial visit with a GI specialist. This helps the team understand your unique needs and goals. For virtual visits with Ayble's GI care team, you will pay your virtual visit cost share.
- **In-person care when you need it:** For members needing in-person care, Ayble refers you to your current GI provider if you have one, or coordinates with Priority Health to send you to a preferred high-quality in-network provider.



"After years of frustrating gut symptoms and so much trial and error, it's not an overstatement to say Ayble changed my life."

– Chris M., Ayble Health member

**To get started, go to
ayblehealth.com/priorityhealth
or scan the QR code.**



Why Ayble?

- **Quick access to care:** Ayble's care teams are available for virtual visits within 24 hours, Monday to Friday from 7am-7pm member local time, and Saturdays from 8am-12pm member local time.
- **Coordination with your current GI provider:** Ayble's care teams work with your current providers to integrate your care and support you between visits. You will continue to see the same Ayble care team for continuous support.

Frequently asked questions

Q: How do I know if I am eligible for Ayble Health?

A: The Ayble Health app and services are available to eligible Group Commercial and My**Priority** HMO members. Visit ayblehealth.com/priorityhealth to verify your eligibility and get started.

Q: Do I have to pay for Ayble Health?

A: For virtual visits with Ayble's GI care team, you will pay your virtual visit cost share.

Q: Am I required to download the Ayble app to participate with Ayble Health?

A: Yes. To participate in the majority of Ayble programs, you will need to download the app. Valuable components of the programs are delivered through the Ayble mobile app, including 24/7 access to your care team, nutrition tracker, mind-gut audio sessions and other helpful educational resources.

Q: How quickly can I get an appointment with Ayble Health, and can I keep seeing my current gastroenterologist?

A: Ayble's care teams are available for virtual visits within 24 hours, Monday through Friday from 7am-7pm member local time, and Saturdays from 8am-12pm member local time. You can continue seeing your current gastroenterologist while using Ayble Health, as Ayble care teams coordinate with your existing providers.

Q: What if I have more questions?

A: Contact Ayble Health at support@ayblehealth.com or 857-416-9299 for questions. For questions on your Priority Health plan, call the number on the back of your member ID card or send us a message in your Member Portal account.

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