

# Ayble Health™ Digestive Health

## Overview + FAQs

Priority Health has partnered with Ayble Health, a virtual gastroenterology (GI) clinic.

Ayble Health combines an expert digestive care team with advanced technology tools to help you manage and relieve digestive symptoms for the long term.

### With Ayble, you'll have access to:

- A virtual digestive care team available anytime, anywhere that works hand in hand with your current provider, if you have one
- A nutrition plan to discover foods that impact your symptoms
- A powerful set of stress-management tools to help minimize symptom flare-ups
- A comprehensive gut health tracker to see how your symptoms change over time
- Grocery-finding tools to remove the guesswork at the store
- Educational content written by GI (gastroenterology) experts and patients

### How does it work?

- Ayble and Priority Health are committed to offering streamlined GI care. Ayble provides a personalized care team, educational materials, nutrition programming, and stress management tools to care for the whole person.
- For members needing in-person care, Ayble refers you to your current GI provider if you have one, or coordinates with Priority Health to send you to a preferred high-quality in-network provider.

### Why Ayble?

- **Quick access to care:** Ayble's care teams are available for virtual visits within 24 hours, Monday to Friday from 7am-7pm member local time, and Saturdays from 8am-12pm member local time.
- **Coordination with your current GI provider:** Ayble's care teams work with your current providers to integrate your care and support you between visits. You will continue to see the same Ayble care team for continuous support.



**"After years of frustrating gut symptoms and so much trial and error, it's not an overstatement to say Ayble changed my life."**

– Chris M., Ayble Health member

**To get started, go to  
[ayblehealth.com/priorityhealth](https://ayblehealth.com/priorityhealth)  
or scan the QR code.**



## Frequently asked questions

### **Q: How do I know if I am eligible for Ayble Health?**

**A:** The Ayble Health app and services are available to eligible Group Commercial and My**Priority** HMO members. For virtual visits with Ayble's GI care team, you will pay your virtual visit cost share. Visit [ayblehealth.com/priorityhealth](https://ayblehealth.com/priorityhealth) to verify your eligibility and get started.

### **Q: Am I required to download the Ayble app to participate with Ayble Health?**

**A:** Yes. To participate in the majority of Ayble programs, you will need to download the app. Valuable components of the programs are delivered through the Ayble mobile app, including 24/7 access to your care team, nutrition tracker, mind-gut audio sessions and other helpful educational resources.

### **Q: How quickly can I get an appointment with Ayble Health, and can I keep seeing my current gastroenterologist?**

**A:** Ayble's care teams are available for virtual visits within 24 hours, Monday through Friday from 7am-7pm member local time, and Saturdays from 8am-12pm member local time. You can continue seeing your current gastroenterologist while using Ayble Health, as Ayble care teams coordinate with your existing providers.

### **Q: What if I have more questions?**

**A:** Contact Ayble Health at [support@ayblehealth.com](mailto:support@ayblehealth.com) or 857-416-9299 for questions. For questions on your Priority Health plan, call the number on the back of your member ID card or send us a message in your Member Portal account.

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