

# MEDICALLY SUPERVISED WITHDRAWAL MANAGEMENT (DETOXIFICATION)

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Date Of Origin: June 30, 1988 Status: Current

#### **Summary of Changes**

#### Additions:

Added section I. SCOPE

- Added section III. GOVERNMENTAL REGULATIONS
- Added link to specific relevant section within Priority Health Provider Manual: Detoxification services authorizations
- Added link to Priority Health Billing Policy No. 054: Behavioral Health

#### Changes:

• Changed title from Detoxification to Medically Supervised Withdrawal Management (Detoxification) to reflect preferred current terminology

#### Clarifications:

- Updated terminology.
- Restructured section II. POLICY/CRITERIA for enhanced clarity

#### I. SCOPE

Medically supervised withdrawal management (detoxification) refers to the medical and psychological care of patients who are experiencing withdrawal symptoms as a result of ceasing or reducing their substance use. The process of withdrawal management includes not only attenuation of the physiological and psychological features of withdrawal, but also interrupting the momentum of habitual compulsive use in persons with substance use disorder. Acute inpatient drug and alcohol withdrawal management services are distinct from substance use disorder treatment (substance use disorder treatment is outside the scope of this medical policy).

## II. POLICY/CRITERIA

- A. **Inclusions**: Acute inpatient drug and alcohol medically supervised withdrawal management services (formerly detoxification services) may be considered medically necessary:
  - 1. when there is a need for medical management of withdrawal symptoms.
  - 2. when there is the presence of a concomitant medical condition which might of itself require hospitalization as determined by a participating provider.



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Some examples of conditions that may require acute inpatient withdrawal management include:

- a. Cardiac arrhythmias.
- b. Gastrointestinal hemorrhage requiring transfusion or fluids.
- c. Hepatic encephalopathy.
- d. Disorientation, altered level of consciousness, or delusions or hallucinations with risk of danger to self or others.
- e. Recurrent blackouts within past 2 weeks.
- f. Recent recurrent seizures.
- g. Asymmetric or focal neurological findings.
- h. Abnormal vital signs (e.g. symptomatic hypotension despite fluid rehydration).
- B. Licensed health care provider availability: There must be a licensed physician/provider staffed and on-call around the clock. Nursing/medical services to include on-site nursing services 24-hours-per-day for those beneficiaries who are in the detoxification process, and who require medications to manage the current crisis.
- C. **Emergency admission**: If the admission for medically supervised withdrawal management is an emergency, Priority Health must be notified as soon as reasonably possible to review clinical information for authorization.
- D. Extensions to length of stay are reviewed to determine whether services being received are for medically supervised withdrawal management (detoxification) or treatment of the drug dependency. Utilization review associates utilize InterQual® LOC criteria when reviewing admission and continuing stay criteria. Withdrawal management (detoxification) is not always followed by treatment nor do all patients entering treatment programs require withdrawal management (detoxification). Patients who are severely intoxicated but who do not have a medical complication should be detoxified in a sub-acute facility rather than an acute inpatient hospital setting.

## E. Medicaid Members

Detoxification in both acute care and sub-acute care facilities is **not covered by Priority Health** for Medicaid/Healthy Michigan Plan members. Inpatient
Detoxification for Medicaid/Healthy Michigan Plan members is reimbursed
directly by the Michigan Department of Health and Human Services (MDHHS)
fee-for-service. Sub-acute detoxification and substance use disorder residential
treatment services are authorized by Prepaid Inpatient Health Plans (PIHP) in
the member's county of residence. This is further explained in the Michigan



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Department of Community Health document Medicaid Mental Health Substance Use Disorder <u>Inpatient Medical Acute Detoxification</u>.

F. Exclusions: Intoxication alone is not an indication for admission.

#### See also:

- Priority Health Provider Manual: <u>Detoxification services authorizations</u>
- Priority Health Billing Policy No. 054: Behavioral Health

#### II. GOVERNMENTAL REGULATIONS

Centers for Medicare & Medicaid Services (CMS)

National Coverage Determinations (NCDs)		
Inpatient Hospital Stays for Treatment of Alcoholism 130.1		
Treatment of Drug Abuse (Chemical Dependency) 130.6		
Withdrawal Treatments for Narcotic Addictions <u>130.7</u>		
Local Coverage Determinations (LCDs)		
CGS Administrators, LLC	None identified	
First Coast Service Options, Inc.	None identified	
National Government Services, Inc	None identified	
Noridian Healthcare Solutions	None identified	
Novitas Solutions, Inc.	None identified	
Palmetto GBA	None identified	
WPS Insurance Corporation	None identified	

#### III. MEDICAL NECESSITY REVIEW

Prior authorization for certain drug, services, and procedures may or may not be required. In cases where prior authorization is required, providers will submit a request demonstrating that a drug, service, or procedure is medically necessary. For more information, please refer to the <u>Priority Health Provider Manual</u>.

#### III. APPLICATION TO PRODUCTS

Coverage is subject to member's specific benefits. Group specific policy will supersede this policy when applicable.

- **❖** HMO/EPO: This policy applies to insured HMO/EPO plans.
- **POS:** This policy applies to insured POS plans.



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- PPO: This policy applies to insured PPO plans. Consult individual plan documents as state mandated benefits may apply. If there is a conflict between this policy and a plan document, the provisions of the plan document will govern.
- ASO: For self-funded plans, consult individual plan documents. If there is a conflict between this policy and a self-funded plan document, the provisions of the plan document will govern.
- \* INDIVIDUAL: For individual policies, consult the individual insurance policy. If there is a conflict between this medical policy and the individual insurance policy document, the provisions of the individual insurance policy will govern.
- ♦ MEDICARE: Coverage is determined by the Centers for Medicare and Medicaid Services (CMS) and/or the Evidence of Coverage (EOC); if a coverage determination has not been adopted by CMS, this policy applies.
- \* MEDICAID/HEALTHY MICHIGAN PLAN: For Medicaid/Healthy Michigan Plan members, this policy will apply. Coverage is based on medical necessity criteria being met and the appropriate code(s) from the coding section of this policy being included on the Michigan Medicaid Fee Schedule located at: <a href="http://www.michigan.gov/mdch/0,1607,7-132-2945">http://www.michigan.gov/mdch/0,1607,7-132-2945</a> 42542 42543 42546 42551-159815--,00.html. If there is a discrepancy between this policy and the Michigan Medicaid Provider Manual located at: <a href="http://www.michigan.gov/mdch/0,1607,7-132-2945">http://www.michigan.gov/mdch/0,1607,7-132-2945</a> 5100-87572--,00.html, the Michigan Medicaid Provider Manual will govern. For Medical Supplies/DME/Prosthetics and Orthotics, please refer to the Michigan Medicaid Fee Schedule to verify coverage.

#### IV. DESCRIPTION

Medically supervised withdrawal management, commonly referred to as detoxification, is a clinical intervention that involves the safe and systematic withdrawal of an individual from alcohol or other substances under medical supervision. The primary goal is to manage acute withdrawal symptoms, reduce physiological harm, and prepare the individual for entry into long-term treatment.

This process typically includes:

- Medical assessment and monitoring of vital signs and withdrawal severity
- **Pharmacologic interventions** to alleviate withdrawal symptoms (e.g., benzodiazepines for alcohol withdrawal, buprenorphine or methadone for opioid withdrawal)
- Supportive care, including hydration, nutrition, and psychological support
- Referral to ongoing treatment for substance use disorder Detoxification may occur in **inpatient** or **outpatient** settings, depending on the severity of withdrawal symptoms, the substance involved, co-occurring medical or psychiatric conditions, and the individual's support system

Supervised detoxification may prevent potentially life-threatening complications that might appear if the patient were left untreated. At the same time, detoxification is a form of palliative care (reducing the intensity of a disorder) for those who want to become abstinent or who must observe mandatory abstinence as a result of hospitalization or legal involvement. Finally, for some patients it



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represents a point of first contact with the treatment system and the first step to recovery. Treatment/rehabilitation, on the other hand, involves a constellation of ongoing therapeutic services ultimately intended to promote recovery for substance abuse patients (Center for Substance Abuse and Treatment 2006).

The Washington Circle Group (WCG), a body of experts organized to improve the quality and effectiveness of substance abuse prevention and treatment, defines detoxification as "a medical intervention that manages an individual safely through the process of acute withdrawal." The WCG makes an important distinction, however, in noting that "a detoxification program is not designed to resolve the longstanding psychological, social, and behavioral problems associated with alcohol and drug abuse." (Center for Substance Abuse and Treatment 2006).

# **Key Differences Between Medically Supervised Withdrawal and Substance Use Disorder Treatment**

Feature	Medically Supervised Withdrawal	Substance Use Disorder
	(Detox)	Treatment
Primary Goal	Manage acute withdrawal symptoms	Address underlying addiction
		and promote recovery
Duration	Short-term (typically 3–10 days)	Long-term (weeks to months
		or more)
Focus	Physical stabilization	Behavioral change and relapse
		prevention
Setting	Inpatient or outpatient medical	Outpatient, residential, or
	facility	inpatient treatment center
Interventions	Medical monitoring, symptom	Therapy, counseling, MAT,
	management	support services
Outcome	Safe withdrawal and transition to	Sustained recovery and
	treatment	improved functioning

#### V. CODING INFORMATION

ICD-10 Codes that may support medical necessity		
F10.231	Alcohol dependence with withdrawal delirium	
G45.1	Carotid artery syndrome (hemispheric)	
G45.2	Multiple and bilateral precerebral artery syndromes	
G45.8	Other transient cerebral ischemic attacks and related syndromes	
G45.9	Transient cerebral ischemic attack, unspecified	
G46.0	Middle cerebral artery syndrome	
G46.1	Anterior cerebral artery syndrome	
G46.2	Posterior cerebral artery syndrome	
I46.2	Cardiac arrest due to underlying cardiac condition	



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I46.8	Cardiac arrest due to other underlying condition
I46.9	Cardiac arrest, cause unspecified
I47.0	Re-entry ventricular arrhythmia
I47.1x	Supraventricular tachycardia
I47.2x	Ventricular tachycardia
I47.9	Paroxysmal tachycardia, unspecified
I48.0 - I48.92	Atrial fibrillation and flutter
I49.01 - I49.9	Other cardiac arrhythmias
I67.841	Reversible cerebrovascular vasoconstriction syndrome
I67.848	Other cerebrovascular vasospasm and vasoconstriction
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K28.0 - K28.9	Gastrojejunal ulcer
K70.41	Alcoholic hepatic failure with coma
K71.11	Toxic liver disease with hepatic necrosis, with coma
K72.00 - K72.91	Hepatic failure, not elsewhere classified
K92.0	Hematemesis
K92.1	Melena
K92.2	Gastrointestinal hemorrhage, unspecified
R00.1	Bradycardia, unspecified
R56.9	Unspecified convulsions

#### **Revenue Codes**

<u>IP only</u>	
0110	Room & Board - Private - General
0111	Room & Board - Private - Medical/Surgical/GYN
0120	Room & Board - Semiprivate
0121	Room & Board - Semiprivate - Medical/Surgical/GYN
0130	Room & Board - Three and Four Beds - General
0131	Room & Board - Three and Four Beds - Medical/Surgical/GYN
0200	Intensive Care Unit - General
0201	Intensive Care Unit - Surgical
0202	Intensive Care Unit - Medical

# Non-Medical Detoxification

0116	Room & Board - Private - Detoxification
0126	Room & Board - Semi-Private Two Bed - Detoxification
0136	Semi-Private - Three & Four Beds - Detoxification
0146	Private (Deluxe) - Detoxification
0156	Room & Board Ward - Detoxification

Special Note: Distinction between medical detoxification and substance use disorder

treatment needs to be made for appropriate application of the member's

benefit.

## VI. REFERENCES



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- 2. Center for Substance Abuse Treatment. Detoxification and Substance Abuse Treatment. Treatment Improvement Protocol (TIP) Series, No. 45. <a href="https://doi.org/10.1016/jwise-nc-4131"><u>HHS</u></a>
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- 5. Sevarino KA. Opioid withdrawal: Medically supervised withdrawal during treatment for opioid use disorder. In: UpToDate, Connor RF (Ed), Wolters Kluwer. (Accessed on May 30, 2025.)
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