

Behavioral Health resources

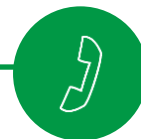
Helping you coordinate mental health and substance use disorder services for our members.



Care coordination

We have clinical staff who specialize in helping our members **manage complex and chronic mental health and substance use conditions:**

- ✓ Complex medical conditions with psychological/behavioral impact
- ✓ Multiple hospitalizations and emergency room visits
- ✓ Environmental stressors that place your patient at risk of worsening mental health
- ✓ Non-adherence with treatment plans, medication and/or recommendations
- ✓ Limited community and social support



For 24/7 clinical support, contact our Behavioral Health Department at 800.673.8043.

We can also help your patients understand their benefits and provide referrals during normal business hours..

Community Care Management (CCM)

The Community Care Management (CCM) program **helps your patients navigate the transition from psychiatric or partial hospitalization back to their home** by providing short-term support and care coordination. CCM also provides intervention to patients who may be at risk of hospitalization.

- ✓ Short-term, solution-focused therapy available up to three times per week
- ✓ Care coordination and assistance accessing community resources
- ✓ Access to psychiatric medication management
- ✓ Flexibility in location
- ✓ And more

Have eligibility questions or need to make a referral? Contact our Behavioral Health team.

Teladoc Health Mental Health (formerly myStrength)

Teladoc Health Mental Health is a **free digital tool** that offers over **1,400 self-directed activities** on a variety of mental wellness topics including:

- ✓ Stress
- ✓ Anxiety
- ✓ Chronic pain
- ✓ Substance use recovery
- ✓ And more

These tools are available to our members 24/7 and complement the care you provide them to create real, lasting change. Encourage your patients to **sign up for a free account today.**



Visit our provider manual at priorityhealth.com/provider/manual/services/bh to learn more about the behavioral health resources we offer.