Build a better you

The **Wellbeing**Hub™ is a free resource included in your Priority Health Medicare plan. It helps you live better and achieve your health goals with a fun and engaging experience that delivers powerful resources right to your fingertips.

How to register

1. Log in or sign up for your member account at **member.priorityhealth.com**
2. Choose **Wellness**, then click **Wellbeing Hub**
3. Accept the terms and conditions

If you prefer an app experience, download the Personify Health app from the App Store or Google Play.

Personalize your experience

- Set your interests to get personalized wellness tips
- Choose your email preferences
- Connect an activity tracker
- Upload a profile picture and add friends

Priority Health™

Getting started

You're registered and signed in—now what? Begin by completing program activities and building healthier habits one day at a time. Here are a few options to help you get started.

My Care Checklist

My Care Checklist is a handy, personal health care tracker, right at your fingertips. It gives you an easy way to keep track of your health care history and remember when you're due for well visits, routine screenings and vaccinations—all in one place. Earn rewards when you use My Care Checklist to track your preventive care, like your flu shot or health checkup.

Journeys®

Want to exercise more? Better manage a health issue? Now you can use our digital coaching tool to make simple changes to your health, one small step at a time.

Nutrition Guide

Maintaining healthy eating habits is easier when you have a little help. Access the Nutrition Guide and choose your eating profile. Tell us what you'd like to work on, like cutting out sweets or portion control, and we'll serve up plenty of healthy and delicious tips and recipes.

Sleep Guide

Sleep affects nearly every aspect of your health, from your everyday performance and immune system to your ability to focus on other areas of your wellness. When you complete the Sleep Guide, you'll end up with a customized plan for improving the length and quality of your slumber, setting you up for success—day and night.

Earning rewards

Good health is its own reward. But that doesn't mean we're going to leave you empty-handed. You can earn Rewards Cash and redeem it for popular gift cards by completing important preventive services.

Visit **My Care Checklist** to review your opportunities, update your health situations and record the dates of your completed appointments.

Earn rewards by recording the dates of your completed activities on My Care Checklist:

Complete each milestone and earn a reward once during the program period, which runs from January through December each year.

	Ways to Earn	Rewards Cash
	Complete your flu shot	$10
	Complete your annual health checkup	$25
Yearly	Complete your diabetic retinal eye exam*	$40
	Complete your mammogram	$25

*The reward is only available to members with diabetes.

Redeeming rewards

Redeem your Rewards Cash for gift cards

Visit **Rewards** and select **Spend** then **Get a gift card** to turn your Rewards Cash into digital or physical gift cards for the retailer of your choice. A variety of options are available:

- AMC Theaters
- Applebee's
- Cabela's
- Kohl's
- Meijer
- Outback Steakhouse
- Panera Bread
- Target
- The Home Depot
- TJ Maxx
- Walmart

Additional activities

Prioritize and personalize your experience by engaging in resources to help improve your wellness:

Daily Cards: Get helpful tips that are relevant to your current interests and goals.

Healthy Habits: Select healthy habits to work toward, and track your progress every day.

We're here to help.

Check out **support.personifyhealth.com**
Live chat: Monday–Friday, 2 am–9 pm ET

Give us a call: 844-980-2290 (TTY 711)
Monday–Friday, 8 am–9 pm ET

Send us an email: **support@personifyhealth.com**

Don't have computer access?
Call our dedicated support team at 844-980-2290 (TTY) to redeem your rewards by phone. We're available Monday–Friday, 8 am–9 pm ET.

Unsure if you can fully participate in this program because of a disability or medical condition?

Visit **support.personifyhealth.com** and check out the Medical Exceptions section under **My Account**.