

## MUSCULOSKELETAL (MSK) SHOULDER

Date of origin: Sept. 2024

Review dates: None yet recorded

**APPLIES TO**

All plans

**DEFINITION**

Surgical treatment of the shoulder may be needed when all nonsurgical treatment has been exhausted and the patient will need surgical intervention.

**MEDICAL POLICY**

Priority Health has contracted with TurningPoint Healthcare Solutions LLC (TurningPoint) for management of some shoulder services. Medical necessity for these procedures will be governed by the applicable TurningPoint clinical guidelines. To access these guidelines, [log into your prism account](#). Under the Authorizations menu, click **Authorization Criteria Lookup** then the **TurningPoint link**.

**POLICY SPECIFIC INFORMATION****Billing details**

The shoulder should be recognized as four anatomic areas: glenohumeral, acromioclavicular, sternoclavicular and the bursal space. Approaches to each of these spaces is unique and different excisions are required to access each space.

**Acromioplasty and rotator cuff repair**

Acromioplasty is performed when there is an impingement in the shoulder. This can be done with a rotator cuff repair. Rotator cuff repair is done when there is a tear, weakness or when there is limited functioning of the affected arm.

- Limited debridement (29822) is considered part of the arthroscopic repair even if done in a separate compartment.
- Extensive debridement (29823) is allowed if the debridement is done in a separate compartment of the shoulder.

**Diagnostic arthroscopy**

**Priority Health follows Medicare guidelines.**

If a diagnostic arthroscopy leads to a surgical arthroscopy at the same patient encounter, only the surgical arthroscopy may be reported.

If an arthroscopic procedure is converted to an open procedure, only the open procedure may be reported. Neither a surgical arthroscopy nor a diagnostic arthroscopy code shall be reported with the open procedure code when a surgical arthroscopic procedure is converted to an open procedure.

If an arthroscopy is performed as a procedure to assess the surgical field or extent of disease, it's not separately reportable. If the findings of a diagnostic arthroscopy lead to the decision to perform an open procedure, the diagnostic arthroscopy may be separately reportable. Modifier 58 may be reported to indicate that the diagnostic arthroscopy and non-arthroscopic therapeutic procedures were staged or planned procedures. The medical record must indicate the medical necessity for the diagnostic arthroscopy. See [CMS NCCI policy manual chapter 4](#) for additional details.

Sometimes an arthroscopic procedure starts out that way, but if the surgeon makes an incision and finishes it as an open procedure, it becomes a "mini-open procedure." In this instance, only the open procedure requires coding and billing to be completed. [See more information.](#)

### **Labral tear repair**

Arthroscopic Bankart repair is reported using CPT code 29806 (Arthroscopy, shoulder, surgical; capsulorrhaphy).

Per CPT guidelines, arthroscopic Bankart and SLAP repair are defined by codes 29806 (Arthroscopy, shoulder, surgical; capsulorrhaphy) and 29807 (Arthroscopy, shoulder, surgical; repair of SLAP lesion). If these procedures are done on the same shoulder during the same operative session, only one code is reported.

### **Synovectomy**

CPT 29826 (arthroscopy, shoulder surgical; decompression of subacromial space with partial acromioplasty, with coracoacromial ligament release, when performed) can only be billed along with one (or more) of the following CPT codes:

- 29806, 29807, 29819, 29820, 29821, 29822, 29823, 29824, 29825, 29827 and 29828.

For example, if a provider performs an arthroscopic subacromial decompression or acromioplasty but doesn't perform any other procedure in the same operative setting, bill CPT code 29822 or 29823, depending upon the extent of the work involved. However, if the provider performs the decompression or acromioplasty together with an arthroscopic rotator cuff repair, bill CPT code 29827 and add on the CPT 29826. [See more information.](#)

### **Documentation requirements**

Priority Health follows standard CMS DME documentation requirements. This list isn't all inclusive. See CMS guidance for a complete list of requirements.

- Patient identification:
  - The beneficiary's name, date of service,
  - The provider's name should be on each page of the documentation.
- The operative note should include information on the following:
  - The use of modifiers by documenting the separate procedures.
  - Start and stop time of the procedure

### **Modifiers**

To indicate procedures on different shoulders, you may use modifiers LT (left side) and RT (right side). See more under [NCCI guidelines, chapter 4](#).

Per AAOS, for top and bottom repairs of the labrum at the same session, append modifier 22 to the code to acknowledge the additional work performed.

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## CHANGE / REVIEW HISTORY

Date	Revisions made