

Gender-affirming care with Carrot

Carrot Fertility provides inclusive hormonal health, fertility, and family-building benefits. Members can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

This includes support and financial coverage for gender-affirming care. Finding expert providers can be challenging, and barriers to receiving care — such as “proving” gender identity — are common. Carrot is here to help.

Visit app.get-carrot.com/signup/info to claim your benefit today and start exploring the available resources for gender-affirming care, including funds provided to help pay for eligible care.

[Claim your benefit](#)

Use the Carrot benefit to:

- Pay for eligible care and services, such as in-person and virtual provider visits and consults, gender-affirming hormone therapy (GAHT) medications, and more*
- Find Carrot-eligible GAHT providers and trans health centers
- Access unlimited video chats with gender-affirming care (GAC) experts
- Get personalized advice from Carrot Experts to help you make the most of your benefit

Digital healthcare memberships

In addition to using your Carrot funds to pay for provider visits and medications, use funds to cover eligible expenses for gender-affirming digital healthcare services like Folx and Plume. These include:

- Digital healthcare memberships
- Telemedicine visits for gender-affirming hormone therapy (GAHT)
- Virtual primary care consults specific to GAC with LGBTQ+-specialized providers
- Confidential online support groups

Learn what memberships include and what other services are covered after signing in to your account and exploring your [benefit guide](#).

What's next?

Visit app.get-carrot.com/signup/info to claim your benefit today and start exploring the available resources.



*Carrot services available may vary based on plan design, geography, and local rules and regulations.
Note: Your Carrot benefit does not include coverage for gender-affirming surgery.