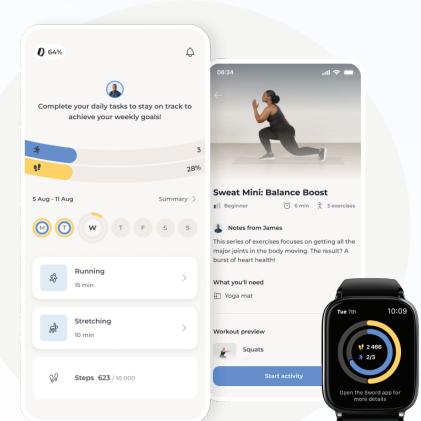


# Introducing Sword Move, your whole-body solution for a pain-free tomorrow.

55% of chronic pain conditions are due to a lack of physical activity; and here at Move, we are all about stopping pain in its tracks. That's why we created Sword Move, your no-cost whole-body solution for a pain-free tomorrow. What's unique about Move? After learning about you, you'll get matched with a dedicated Physical Health Specialist who can help you:

- Address pesky aches and pains before they become chronic
- Avoid injuries at home or at work
- Move correctly in the right ways that your body needs to build strength, mobility and balance
- Take the guesswork out with weekly movement plans that are tailored to your exact needs



Learn more at  
[sword.health/move/priorityhealth/go](http://sword.health/move/priorityhealth/go)

Members must have primary insurance coverage through a Priority Health plan offering the Sword Health Move program, and be age 13 or older to be eligible for this program.

