

CogniFit | Priority Medicare benefit brief

Short description Online games and activities to assist with mental sharpness

Vendor CogniFit®/Optum®

Summary CogniFit is a memory fitness tool provided by One Pass® that provides online brain training for members to help improve memory and focus. It's available on all individual MAPD plans except Vintage and D-SNP

Perks of CogniFit include:

- A memory fitness program that includes a collection of brain games and tailors the training the member receives specifically towards what the member needs
- Continuous adjustment of the difficulty level to challenge and keep members from becoming bored or frustrated while using
- A comprehensive workout by training more than 20 cognitive skills that we use daily, including working memory, perception, attention, reasoning and coordination

Where services may be performed Eligible members can access CogniFit anywhere with a smartphone, tablet, or computer connected to the internet.

Authorization required? No.

Accessing and using the benefit Members can sign up at youronepass.com. After registering, they then have access to the full suite of CogniFit exercises.

Coverage criteria CogniFit is available on all PriorityMedicare plans except Vintage and D-SNP.