

PROPHYLACTIC CANCER RISK REDUCTION SURGERY

Effective Date: September 1, 2025 Review Dates: 8/05, 4/06, 2/07, 7/07, 2/08, 10/08,

2/09, 2/10, 2/11, 2/12, 2/13, 2/14, 2/15, 2/16, 2/17,

2/18, 2/19, 2/20, 8/20, 8/21, 8/22, 8/23, 8/24, 8/25

Date Of Origin: 8/10/2005 Status: Current

Summary of Changes

Addition:

- Prophylactic simple mastectomy is medically necessary for members who have a history of chest radiation before 30 years of age, and members with confirmed pathogenic variants of breast cancer susceptibility genes.
- Language from Breast Related Procedures policy # 91545: An initial procedure (reduction, augmentation, or mastopexy) on the contralateral breast to produce symmetry between the affected and unaffected breasts for prophylactic simple mastectomy is covered.

Deletion:

- Age limitations
 - o Prophylactic mastectomy: Requirement of having a first, second-degree and/or third-degree relative who was diagnosed with breast cancer at age 50 or younger.
 - o Prophylactic total gastrectomy: Requirement of a positive family history of gastric cancer under the age of 50.

Clarification:

- New sections: Government Regulations, and Guidelines/Position Statements.
- Formatting.

I. POLICY/CRITERIA

Prophylactic surgery for cancer risk reduction is medically necessary as indicated below.

- A. **Prophylactic total gastrectomy** for hereditary diffuse gastric cancer is medically necessary for members with known mutations in the CDH1 gene and a positive family history of gastric cancer.
- B. **Prophylactic hysterectomy** is medically necessary when at least one of the following criteria is met:
 - 1. Patients with known hereditary nonpolyposis colon cancer (HNPCC) who have completed childbearing.
 - 2. Patients with an HNPCC associated mutation that have completed childbearing.
- C. **Prophylactic simple mastectomy** is medically necessary when any ONE of the following criteria is met:



- 1. **Bilateral prophylactic mastectomy** in member with no personal history of breast cancer AND at least one of the following:
 - a. Member with known breast cancer pre-disposition for deleterious mutation (BRCA1 or BRCA2 or other strongly predisposing breast cancer susceptibility gene) confirmed by genetic testing (See Genetics: Counseling, Testing, and Screening medical policy #91540); or
 - b. The member has atypical hyperplasia on biopsy as confirmed by a pathologist and is not interested in chemoprevention with selective estrogen receptor modulators (SERMS), i.e., tamoxifen and raloxifene; or
 - c. A family history of any of following. An evaluation of overall risk and discussion of the risks and benefits of all surgical and non-surgical options for risk reduction is required:
 - 1. Two or more first-degree relatives on the same side of the family with breast cancer,;
 - 2. One first-degree relative with breast cancer and **one** of the following:
 - i. Two or more second-degree and/or third-degree relatives with breast cancer; or
 - ii. The diagnosis was before the age of 45 and one other relative with breast cancer at any age or
 - iii. One or more relatives with ovarian cancer; or
 - iv. The first-degree relative has bilateral breast cancer
 - 3. Two or more second degree relatives on the same side of the family with:
 - i. One with breast cancer and one with ovarian cancer
 - ii. Ovarian cancer
 - d. Women with large, ptotic, dense, or disproportionally sized breasts that are difficult to evaluate mammographically.
 - e. A history of diffuse calcifications and multiple biopsies resulting in difficulty performing or interpreting diagnostic breast exams.
 - f. History of chest wall radiation before 30 years of age.
- 2. **Contralateral or bilateral prophylactic mastectomy** with personal history of breast cancer and one of the following indications:



- a. It is the opinion of the surgeon and preference of the member that in order to achieve symmetry that bilateral mastectomy would produce the best outcome; or
- b. The member has a family history of any of following:
 - 1. Two or more first-degree relatives on the same side of the family with breast cancer,;
 - 2. One first- degree relative with breast cancer and **one** of the following:
 - Two or more second-degree and / or third-degree relatives with breast cancer; or
 - The diagnosis was before the age of 45 and one other relative with breast cancer at any age or
 - One or more relatives with ovarian cancer; or
 - The first degree relative has bilateral breast cancer
 - 3. Two or more second degree relatives on the same side of the family with:
 - One with breast cancer and one with ovarian cancer
 - Ovarian cancer
- c. Member with multiple primary breast cancers in the sentinel breast
- d. Member diagnosed with invasive breast cancer at age 45 years of age or younger.
- e. Member who are confirmed *BRCA 1* or *BRCA 2*mutation carriers or other pathogenic variants of other breast cancer susceptibility genes. (See Genetics: Counseling, Testing, and Screening Policy #91540)
- f. Member with lobular carcinoma in situ or atypical hyperplasia in the ipsilateral breast.
- g. Member with invasive lobular carcinoma of the ipsilateral breast.
- h. A history of diffuse calcifications and multiple biopsies resulting in difficulty performing or interpreting diagnostic breast exams.
- 3. Covered treatment options are:
 - a. Simple mastectomy and simple mastectomy with reconstruction (breast implant)
 - b. An initial procedure (reduction, augmentation, or mastopexy) on the contralateral breast to produce symmetry between the affected and unaffected breasts.

Prophylactic Cancer Risk Reduction Surgery

- D. **Prophylactic oophorectomy** is medically necessary when at least one of following criteria is met:
 - 1. Member who has been determined to be a member of a family with a hereditary ovarian cancer syndrome based on a family pedigree constructed by a genetic counselor or physician competent in determining the presence of an autosomal dominant inheritance pattern in which genetic testing is either not available or uninformative.
 - 2. Member with a *BRCA* mutation; or a mutation associated with hereditary nonpolyposis colorectal cancer syndrome (HNPCC)
 - 3. Member with a history of breast cancer, which is estrogen receptor (ER) positive, and who are premenopausal.
 - 4. Member with a personal history of breast cancer and at least one first degree relative (e.g., mother, sister, daughter) with history of ovarian cancer; or
 - 5. Member with one first degree relative (e.g., mother, sister, daughter) and one or more second degree relatives (e.g., maternal or paternal aunt, grandmother, niece) with ovarian cancer.
- E. **Prophylactic salpingo-oophorectomy** is medically necessary when indications in the National Comprehensive Cancer Network (NCCN) Guidelines for Epithelial Ovarian Cancer/Fallopian Tube Cancer/ Primary Peritoneal Cancer and Genetic/Familial High-Risk Assessment: Breast and Ovarian, Pancreatic, and Prostate are met.
- F. Prophylactic thyroidectomy: See *Thyroid-Related Procedures* (#91621)

II. GOVERNMENT REGULATIONS

CMS Coverage Determinations	Title and Number
National Coverage Determinations	N/A
(NCDs)	
Local Coverage Determinations	N/A

III. GUIDELINES AND POSITION STATEMENTS

Medical or Professional Society	Recommendation
The American Society of Breast Surgeons	Contralateral Prophylactic Mastectomy
(ASBrS) - 2016	(CPM) Consensus Statement from the
	American Society of Breast Surgeons:
	Data on CPM Outcomes and Risks



International Gastric Cancer Linkage Consortium (IGCLC) - 2020 National Comprehensive Cancer Center Network (NCCN): Breast Cancer Risk Reduction. Version 2.2025 Risk-reducing mastectomy should generally be considered in individuals with a pathogenic/likely pathogenic genetic variant in high-penetrance breast cancer susceptibility genes (see NCCN Guidelines for Genetic/Familial High- Risk Assessment: Breast, Ovarian, and Pancreatic), compelling family history, or those receiving chest wall radiation before 30 years of age. There is no established benefit of risk-reducing mastectomy in individuals with pathogenic/likely pathogenic variants in moderate- or low- penetrance breast cancer susceptibility genes in the absence of a compelling family history. While this approach has been previously considered for LCIS, the currently preferred approach for LCIS is a risk-reducing endocrine agent. Risk estimation is a complex and individualized process; the NCCN Panel does not recommend a specific risk cutoff for decision-making regarding risk- reducing mastectomy. Individualizing management is important. National Comprehensive Cancer Center Network (NCCN): Genetic/Familial high- risk assessment: Breast, Ovarian, Pancreatic, and Prostate. Version 1.2025 The NCCN Guidelines Panel recommends RRSO for carriers of a RrCA1 P/LP variant, typically between 35 and 40 years of age for carriers of a BRCA2 P/LP variant, it is reasonable to delay RRSO for management of ovarian cancer risk until between 40 and 45 years of age, unless age at diagnosis in the family warrants earlier age for consideration of this prophylactic surgery. National Comprehensive Cancer Center Network (NCCN): Genetic/Familial High-		
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Prophylactic surgery. National Comprehensive Cancer Center Risk-reducing gastrectomy maximizes		age at diagnosis in the family warrants
National Comprehensive Cancer Center Risk-reducing gastrectomy maximizes		earlier age for consideration of this
		prophylactic surgery.
	National Comprehensive Cancer Center	Risk-reducing gastrectomy maximizes
	=	reduction in risk for advanced gastric



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	T
Risk Assessment: Colorectal,	cancer and gastric cancer mortality to
Endometrial, and Gastric. Version 1.2025	<1%.
	In individuals with GAPPS, gastric cancer
	risk management includes annual
	gastroscopy beginning at age 15 and
	consideration of risk-reducing total
	gastrectomy beginning no earlier than age
	30.
N. d.	
National Comprehensive Cancer Center	The prevention benefits of salpingectomy
Network (NCCN): Ovarian	alone are not yet proven. If considered,
Cancer/Fallopian Tube Cancer/Primary	the fallopian tube from the fimbria to its
Peritoneal Cancer Version 2.2025	insertion into the uterus should be
	removed. In addition, the fallopian tube
	should be processed and assessed as
	described above. The concern for risk-
	reducing salpingectomy alone is that
	patients are still at risk for developing
	ovarian cancer. In addition, in
	premenopausal patients, oophorectomy
	reduces the risk of developing breast
	cancer but the magnitude is uncertain

IV. MEDICAL NECESSITY REVIEW

Prior authorization for certain drug, services, and procedures may or may not be required. In cases where prior authorization is required, providers will submit a request demonstrating that a drug, service, or procedure is medically necessary. For more information, please refer to the Priority Health Provider Manual.

V. APPLICATION TO PRODUCTS

Coverage is subject to member's specific benefits. Group specific policy will supersede this policy when applicable.

- **❖** HMO/EPO: This policy applies to insured HMO/EPO plans.
- ❖ POS: This policy applies to insured POS plans.
- * PPO: This policy applies to insured PPO plans. Consult individual plan documents as state mandated benefits may apply. If there is a conflict between this policy and a plan document, the provisions of the plan document will govern.
- ASO: For self-funded plans, consult individual plan documents. If there is a conflict between this policy and a self-funded plan document, the provisions of the plan document will govern.



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- * INDIVIDUAL: For individual policies, consult the individual insurance policy. If there is a conflict between this medical policy and the individual insurance policy document, the provisions of the individual insurance policy will govern.
- **❖** MEDICARE: Coverage is determined by the Centers for Medicare and Medicaid Services (CMS) and/or the Evidence of Coverage (EOC); if a coverage determination has not been adopted by CMS, this policy applies.
- * MEDICAID/HEALTHY MICHIGAN PLAN: For Medicaid/Healthy Michigan Plan members, this policy will apply. Coverage is based on medical necessity criteria being met and the appropriate code(s) from the coding section of this policy being included on the Michigan Medicaid Fee Schedule located at: http://www.michigan.gov/mdch/0,1607,7-132-2945-42542-42543-42546-42551-159815--,00.html. If there is a discrepancy between this policy and the Michigan Medicaid Provider Manual located at: http://www.michigan.gov/mdch/0,1607,7-132-2945-5100-87572--,00.html, the Michigan Medicaid Provider Manual will govern. For Medical Supplies/DME/Prosthetics and Orthotics, please refer to the Michigan Medicaid Fee Schedule to verify coverage.

VI. DESCRIPTION

Risk-reducing surgery, also known as prophylactic surgery or preventative surgery, involves the removal of tissues or organs before the development of cancer. Prophylactic Cancer Risk Reduction Surgery Includes:

- o Prophylactic Hysterectomy: Removal of uterus.
- Prophylactic Mastectomy: Removal of one or both breasts (bilateral). Bilateral risk reducing (RRM) refers to removal of both breasts in asymptomatic patients, while contralateral RRM (CRRM) refers to removal of the unaffected breast when bilateral mastectomy is performed for the management of unilateral breast cancer.
- o Prophylactic Oophorectomy: Removal of the ovaries.
- o Prophylactic Salpingo-oophorectomy: Removal of the ovaries at the same time of hysterectomy.
- Prophylactic Thyroidectomy: Removal of thyroid glands. See *Thyroid-Related Procedures*(#91621):
- o Prophylactic Total Gastrectomy: Complete removal of stomach.

VII. CODING INFORMATION

A. Mastectomy

ICD-10 Codes that apply:

Z15.01	Genetic susceptibility to malignant neoplasm of breast
Z15.02	Genetic susceptibility to malignant neoplasm of ovary
Z15.09	Genetic susceptibility to other malignant neoplasm
Z40.01	Encounter for prophylactic removal of breast
Z40.09	Encounter for prophylactic removal of other organ
Z40.8	Encounter for other prophylactic surgery
Z41.8	Encounter for other procedures for purposes other than remedying health
	state



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Z41.9	Encounter for procedure for purposes other than remedying health state, unspecified
Z80.3	Family history of malignant neoplasm of breast
Z80.41	Family history of malignant neoplasm of ovary
Z80.49	Family history of malignant neoplasm of other genital organs
Z80.8	Family history of malignant neoplasm of other organs or systems
Z80.9	Family history of malignant neoplasm, unspecified
Z85.3	Personal history of malignant neoplasm of breast
Z85.40	Personal history of malignant neoplasm of unspecified female genital organ
Z85.43	Personal history of malignant neoplasm of ovary
СРТ/НСР	PCS Codes:
19303	Mastectomy, simple, complete
17505	radicationly, simple, complete
B. Oopho	prectomy
	odes that apply:
Z15.01	Genetic susceptibility to malignant neoplasm of breast
Z15.02	Genetic susceptibility to malignant neoplasm of ovary
Z15.09	Genetic susceptibility to other malignant neoplasm
Z40.02	Encounter for prophylactic removal of ovary
Z40.03	Encounter for prophylactic removal of fallopian tube(s)
Z40.09	Encounter for prophylactic removal of other organ
Z40.8	Encounter for other prophylactic surgery
Z41.8	Encounter for other procedures for purposes other than remedying health state
Z41.9	Encounter for procedure for purposes other than remedying health state,
Z80.0	unspecified Family history of malignant neoplasm of digestive organs
Z80.0 Z80.3	Family history of malignant neoplasm of digestive organs Family history of malignant neoplasm of breast
Z80.3 Z80.41	Family history of malignant neoplasm of overy
Z80.49	Family history of malignant neoplasm of other genital organs
Z80.45 Z80.8	Family history of malignant neoplasm of other organs or systems
Z80.9	Family history of malignant neoplasm, unspecified
Z83.71	Family history of colonic polyps
Z85.3	Personal history of malignant neoplasm of breast
Z85.40	Personal history of malignant neoplasm of unspecified female genital organ
Z85.43	Personal history of malignant neoplasm of ovary
Z85.44	Personal history of malignant neoplasm of other female genital organs
Z86.010	Personal history of colonic polyps
	CS Codes:
58661	Laparoscopy, surgical; with removal of adnexal structures (partial or total
	oophorectomy and/or salpingectomy)
58720	Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)
58940	Oophorectomy, partial or total, unilateral or bilateral;

C. Gastrectomy

ICD-10 Codes that apply:



Z15.09	Genetic susceptibility to other malignant neoplasm
Z40.09	Encounter for prophylactic removal of other organ
Z40.8	Encounter for other prophylactic surgery
Z41.8	Encounter for other procedures for purposes other than remedying health
	state
Z41.9	Encounter for procedure for purposes other than remedying health state,
	unspecified
Z80.0	Family history of malignant neoplasm of digestive organs
CPT/HCP	CS Codes:
43620	Gastrectomy, total; with esophagoenterostomy
43621	Gastrectomy, total; with Roux-en-Y reconstruction
43622	Gastrectomy, total; with formation of intestinal pouch, any type
D. Hyster	
ICD-10 Co	odes that apply:
Z15.04	Genetic susceptibility to malignant neoplasm of endometrium
Z15.09	Genetic susceptibility to other malignant neoplasm
Z40.09	Encounter for prophylactic removal of other organ
Z41.8	Encounter for other procedures for purposes other than remedying health
	state
Z80.0	Family history of malignant neoplasm of digestive organs
Z80.8	Family history of malignant neoplasm of other organs or systems
Z83.71	Family history of colonic polyps
Z86.010	Personal history of colonic polyps
	CS Codes:
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal
	of tube(s), with or without removal of ovary(s);
58180	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or
	without removal of tube(s), with or without removal of ovary(s)
58200	Total abdominal hysterectomy, including partial vaginectomy, with para-
	aortic and pelvic lymph node sampling, with or without removal of tube(s),
	with or without removal of ovary(s)
58260	Vaginal hysterectomy, for uterus 250 grams or less;
58262	Vaginal hysterectomy, for uterus 250 grams or less; with removal of tube(s),
	and/or ovary(s)
58263	Vaginal hysterectomy, for uterus 250 grams or less; with removal of tube(s),
	and/or ovary(s), with repair of enterocele
58290	Vaginal hysterectomy, for uterus greater than 250 grams;
58291	Vaginal hysterectomy, for uterus greater than 250 grams; with removal of
	tube(s) and/or ovary(s)
58292	Vaginal hysterectomy, for uterus greater than 250 grams; with removal of
·	tube(s) and/or ovary(s), with repair of enterocele
58294	Vaginal hysterectomy, for uterus greater than 250 grams; with repair of
	enterocele
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;
	with removal of tube(s) and/or ovary(s)



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58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58548	Laparoscopy, surgical, with radical hysterectomy, with bilateral total pelvic lymphadenectomy and para-aortic lymph node sampling (biopsy), with removal of tube(s) and ovary(s), if performed
58550	Laparoscopy surgical, with vaginal hysterectomy, for uterus 250 grams or less;
58552	Laparoscopy surgical, with vaginal hysterectomy, for uterus 250 grams or less; with removal of tube(s) and/or ovary(s)
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 grams;
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 grams; with removal of tube(s) and/or ovary(s)
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less;
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)
58572	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g;
58573	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)

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