

Digital Health Literacy

October 2024

Overview











What is digital health literacy?



Digital health "eHealth" literacy is:

Digital health – the use of information and communications technologies in medicine and other health professions to manage illnesses and health risks and to promote wellness, AND;

Digital literacy – is an individual's ability to find, evaluate, and communicate information using typing or digital media platforms.



Why does it matter



Why it matters:

Healthcare is becoming more reliant on technology



Many folks lack proper access to care due to:

Unmet social needs

Gaps in knowledge



What are digital equity challenges?



Digital equity for older adults: GRITS

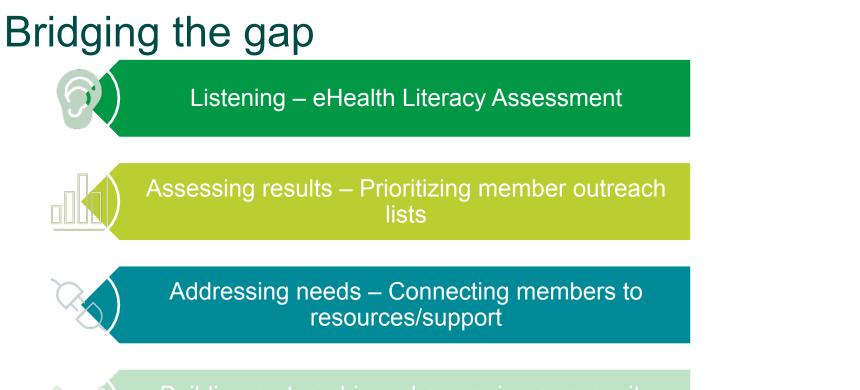


- Geography:
- Race/ethnicity:
- Income
- Time Cohorts
- Sex + Gender



How to bridge the gap?







Building partnerships – Leveraging community partnerships to meet members where they are a





Take the Digital Health survey!



Scan the OR code to begin! We want to understand your access and ability to use digital health ("eHealth") information and technology. Your input is valuable and will help us to address https://survey.alchemer.com/s3998159666



THANK YOU!



